



Cirilia Rose is the author of today's design post, and the creator of the unusual textured tunic and mixed-media cowl set Folki from our newest issue. You can also find her post (and more!) on her [website](#). Cirilia's [other](#) patterns for Twist are also stunners, and one of them is a [freebie](#)! Today, her website taught me a [new word](#), and it's a really really good one. Happy reading!



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Now that the Winter issue of Twist Collective has been released, there is no denying it--winter is here. That's perfectly fine with me. As you'll see in my very first Twist [Notebook](#), I happen to relish the season of silent snowy walks and cold early sunsets. That is, of course, if I'm swaddled in wool! That was the guiding principle behind the [Fólki tunic and cowl](#) I designed for this issue of Twist.





I was inspired by an outsized tunic that I bought in Iceland. Its proportions are generous and the sleeves abbreviated. The neckline is slightly Flashdance, which invites clever layering (the one of a kind shawl shown below is by the incredible [Liber](#), an Icelandic fiber lover and pattern mixing phenom). I can never anticipate how much I'll love any given item I buy, but this one shot to the top of the list. With tights and boots it is an effortless, unique uniform for the coldest, darkest days.



I was also inspired by Iceland's next door neighbor, Greenland. After spending so much time obsessed with Iceland, I realized I knew little about Greenland. I'd only skimmed the surface when I noticed their incredible national costume. The intricately beaded cowls, embroidered boots and warm dresses and tunics were so striking in stark neutrals and the boldest primaries. I especially love this photo of beautifully badass teens.



I won't lie to you--this isn't a quick knit! But it's a massively enjoyable one when knit with Kenzie, the yarn I developed with a friend from another far away place, New Zealand. The lightweight worsted has a bit of all my favorite fibers--merino wool, alpaca, silk, nylon and angora, which lends a gorgeously subtle insulating halo. It's soft and knits up quickly, and even the dark shade has a complexity that can only be appreciated in person--the faintest glimmer of emerald green heathering brings a spark to otherwise pitch black yarn. If you just can't bear to knit with such dark yarn, take comfort, we've just expanded the range to [20 shades](#).



One of my favorite features of Twist is the way they quiz their contributors. I love reading strange little factoids about my fellow designers. Click [here](#) to see what keeps me warm in winter (besides giant wool tunics and furry cowls)...