



Today's post is brought to you by Amy Herzog, and it can also be found on her [blog](#). Her contribution to our most recent issue, the lovely [Sapwood](#) henley, is the focus of this post, but Amy has also contributed a number of other lovely designs to our pages. Her garments are always [feminine](#), [timeless](#), [easily adapted](#) to different body types and shapes, and [cleverly executed](#). This sweater has become a staple in Amy's own wardrobe- think about adding it to yours as well!

When the most recent issue of [Twist Collective](#) came out, I remembered how much I loved the relaxed design of my sweater in the collection, [Sapwood](#). It may sound weird to *remember* how much I liked a design, but Sapwood was knit during the utterly crazy last days of the book, when everything was a total blur. I was switching back and forth between my day job to book editing to the photoshoot like a zombie—it's no wonder my memory was a little on the hazy side!



Sapwood is like gourmet comfort food in sweater form. It's easygoing and relaxed, with a bit of a tailored edge. It works well dressed up or down, and the sweater's shaping makes it super flattering and easy to adjust for your body's quirks. Looking at the pictures, I found myself wanting a Sapwood of my own!





Unfortunately, designers don't actually get much time to knit sweaters for themselves... ..and even less time to knit already-released sweaters for themselves. I'm full up on deadline knitting this fall, in preparation for my book release next spring. So what's a girl to do?

Well, despite being *utterly* embarrassed about it, I hired a sample knitter (the wonderful [Margaux](#) and gave her modifications for knitting the pattern to my figure. I asked her to knit the pieces, and then did the blocking and finishing myself. The result? I have a brand new sweater that I totally adore.





I've worn it both with a nice skirt, for work, and dressed down with jeans and a tank top, like this. I've worn it hiking, I've worn it driving the kids around. It's comfortable and easy-peasy and looks great. (The yarn is superwash, too, so it's even easy care!)

Sapwood contains a buch of my favorite sweater elements to wear. The scoop neck, with a little henley placket, gives me just enough coverage and allows me to use some special vintage buttons:



The back of the sweater is plain, which makes for great reading/tv knitting, but the sleeves include a little lace panel. It's a pretty touch without being too sweet. And the 3/4-length sleeves are perfect pushing-up length, which is how I always seem to wear my sweaters.



I made my usual modifications to this pattern—lengthened the body by 1”, and added an inch or so of vertical bust darts to the front. This accommodates my longer-than-average torso and gives me room in the bust without drowning my shoulders. They’re worked by working waist increases every other RS row until 5 additional increases have been worked—I decreased those extra sts into the neckline as described in my last post on Trimmings.

All in all, Sapwood has become something of a staple so far this fall. I look forward to many more

years of wearing it!